

## Making Our Communities Healthier

Texas AHEC East - Capital Region offers a variety of services to students, health professionals and communities in our service area. Below are brief descriptions of only some of the many services we offer.

### STUDENTS

**Summer Camps** - Annual week-long camps designed to give high school students an opportunity to explore a wide variety of health careers.

**Nursing Academies** - Through a partnership with Austin Community College, the Capital Region is able to offer multiple academies each year for students interested in learning more about a career in nursing.

**H.O.T. Jobs** - Fourth edition print version and updated website with information on more than 80 different health careers.

### HEALTH PROFESSIONALS

**Volunteer Preceptors** - Our region utilizes the talents of community preceptors who volunteer to teach medical and other health professions students in an outpatient community setting.

**Texas Health Match** - A free website for job-seeking health professionals and potential employers.

### COMMUNITY

**Community Outreach** - Introducing communities to AHEC programs that will enhance their healthcare workforce.

**Economic Development** - When requested, the Capital Region analyzes a community's health workforce and identifies opportunities for economic development.



Connecting students to careers,  
professionals to communities, and  
communities to better health.



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Students



Health  
Professionals



Community



## About Texas AHEC East - Capital Region

The Texas Area Health Education Center (AHEC) East - Capital Region is a nonprofit organization built around academic and community partnerships that serves 1.3 million people in an eight-county region surrounding the city of Austin.



Our mission is to improve the health of our communities by developing a quality health workforce and helping address unmet health needs.

We accomplish our mission by focusing on the following:

- Health Careers Promotion
- Community-Based Student Education
- Practice Entry and Support
- Ventanilla de Salud

Through these areas Capital AHEC works to introduce students to healthcare career opportunities, establish community-based training sites for health profession students, provide support to healthcare practitioners by assisting with staffing needs at no cost, offer continuing education programs for healthcare professionals, and more.



## Our Programs

### VENTANILLA DE SALUD

The Ventanilla de Salud is a health outreach program targeting underserved Latino families with preventative health resources. Thanks to a strategic partnership with and location in the Consulate General of Mexico in Austin, Ventanilla staff are able to connect an otherwise hard to reach population to available health services in a safe setting. By partnering with more than 20 city, county and community health and social service agencies, the Ventanilla is able to provide referrals, health education, and on-site health services, such as HIV testing, blood pressure and blood glucose screenings, and vision testing, to those in need.

### COMMUNITY-BASED STUDENT EDUCATION

The Capital Region supports higher education institutions by placing medical and other health profession students with community preceptors, or instructors, for off-campus clinical education experiences. Clinical preceptors have a significant impact on a student's training while in school, providing valuable experience in an office-based setting, and teaching lifelong skills. The preceptor-learner relationship helps students better understand the role of health professionals as members of the community. If you're a practitioner in our eight-county service area interested in teaching, or know someone who is, we would love to hear from you.

## Our Programs (cont.)

### PROFESSIONAL EDUCATION AND SUPPORT

Rural and medically underserved communities continue to be challenged in efforts to recruit and retain health professionals. The Capital Region works with communities to gather information and look for opportunities to match their healthcare needs. For recruitment of healthcare professionals, we encourage the use of Texas Health Match, a free web-based matching software for job-seekers and employers in the healthcare industry. We help educate our communities on the different state programs that offer loan repayment and other incentives that can attract healthcare professionals to their area. To retain healthcare professionals, we advertise CE opportunities and offer other professional development opportunities. The Capital Region is making our communities by promoting healthy lifestyles and healthy living through our many health literacy initiatives.

### HEALTH CAREERS PROMOTION & PREPARATION

The Health Careers Promotion and Preparation program targets high school students interested in pursuing a career in healthcare. Our staff and resources encourage students to explore the vast career choices available by utilizing the H.O.T. Jobs website and handbooks, job shadowing opportunities, and day-long nursing academies. The Capital Region also offers students within our service area the opportunity to participate in annual summer camps. Through these events and resources students have the unique opportunity to participate in the world of healthcare in order to decide if they are interested in obtaining the education needed to become a healthcare professional.

