



Area Health Education Center

Capital Connection

SPRING 2011



Capital AHEC Hosts Making Our Communities Healthier Summit

Capital AHEC hosted a summit with local healthcare leaders on April 19th at **LIVESTRONG** to discuss how to make the community healthier. Prior to the summit Capital AHEC staff conducted personal interviews with over 40 local community leadership partners. Through those responses challenges and opportunities were identified, which generated discussions on what participants could do different, better, or for the first time.

The summit included a community presentation, multiple break-out sessions, interactive discussions, and opportunities for networking. Michelle Martin, CBE coordinator with Capital AHEC said “Our summit had a great turnout and included leaders from the public, private and nonprofit sectors. The group was really engaged in the summit activities and discussions, and was genuinely interested in effecting change in our community.”

The next step in the process is to work on action plans for the topics identified in the summit and begin to implement these plans within the next 90 days. Summit participants will be invited to participate in that step as well.

If you would like a copy of the summit report or are interested in participating in the action planning process please contact Becky Conditt at 512.472.8921 ext.301.



Capital AHEC Making Our Communities Healthier Summit held April 19, 2011.

Program Updates

UTMB-Austin Program Students Recognized

On April 12, 2011 the University of Texas Medical Branch (UTMB) held the Fourth Annual Student Awards Ceremony for students in the UTMB-Austin Program. The ceremony celebrated Austin-based students for their exemplary humanism and leadership, and recognized students for their contributions to the community.

The Humanism Award is presented to students who exemplify compassion and sensitivity in the delivery of care to their patients. Students take a holistic and creative approach to foster positive changes in their patients' outcomes and are willing to address the non-medical needs of each individual they encounter.

These students model the attributes of what it means to be an exemplary physician by unselfishly giving their time and energy to their patients and community. UTMB faculty from each of the eight core disciplines—pediatrics, internal medicine, OBGYN, surgery, neurology, family medicine, psychiatry, emergency medicine – nominated a student for the Humanism Award. Seven students received a Humanism Award, as one student was presented with the award for both pediatrics and internal medicine.

The Leadership Award honors students who, throughout the last two years, have consistently fostered teamwork, promoted professional growth and managed or developed projects leading to greater awareness of undergraduate medical student education. They have acted as true sources of inspiration and leadership and served as a guiding light for their peers on their journey to becoming physicians. Rachel Leidner and Kathryn Wheat, both graduating fourth year students, were presented with this year's Leadership Awards.

Also highlighted during the awards ceremony were some of the activities the Austin Student Activities Council, a student organization, coordinated during the 2010-2011 academic year.

The student group established the Esperanza Clinic, a student-run clinic supported by the nonprofit Mobile Loaves and Fishes, helped raise funds for the Make-A-Wish Foundation, and held a book drive for incoming third year students. The group also met with UT Austin undergraduate students to answer questions about getting into medical school, held a "how to buy a house" seminar, organized a Match day celebration in Galveston, coordinated social events for Austin-based students at Stubbs and Serranos, as well as put together a panel of fourth year students to talk to third year students about career interests.

The ceremony concluded with the students' presentation of the Distinguished Educator of the Year Awards. This award is for physicians in Austin who demonstrate excellent teaching. These physicians consistently foster a welcoming environment where students are supported and challenged. This year's awards went to family medicine physician David Wright, MD and OBGYN resident Annaliese Kistler, MD. Recipients were nominated by third and fourth year medical students.



Pictured from left to right:

William Pearce- Pediatrics & Internal Medicine Humanism Awards

Rachel Leidner- Leadership Award

Geoffrey Moses- OBGYN Humanism Award

David Wilcocks- Surgery Humanism Award

Jacklyn Nemunaitis- Neurology Humanism Award

Annaliese Kistler, MD- Resident Distinguished Educator Award

David Wright, MD- Attending Distinguished Educator Award

Program Updates

Volunteer Preceptors Needed

Community-Based Education

Capital AHEC is looking for dedicated and enthusiastic healthcare providers interested in teaching medical, nurse practitioner, physician assistant or other health professions students in their community-based practice. Community preceptors share their knowledge and experience with students, introducing them to the challenges and rewards of patient care in an ambulatory clinical setting. Although Capital AHEC primarily coordinates rotations for the University of Texas Medical Branch (UTMB), we receive requests from across the state and nation. It is Capital AHEC's hope that by linking students to quality community rotations, students may choose to practice in that community in the future. If you or someone you know might be interested in participating in the preceptorship of students, please contact Michelle Martin at mmartin@capitalahec.org or (512) 472-8921 ext. 302.

Nursing Summer Camps

Health Careers Promotion

Capital AHEC is excited to announce the dates for our 2011 Nursing Careers Summer Camps: June 6-10 at Texas State University and June 20-24 at the University of Texas. This year, 25 students were selected to participate in each camp. This opportunity brings together students from over 20 different area high schools who are all interested in a future in healthcare.

Throughout the week camp participants will discover the various opportunities in the field of nursing while gaining real life experience in the profession. Students will meet health professionals, tour local facilities, and be certified in First Aid and CPR. The highlight of the camp will be a one day shadowing opportunity at either Central Texas Medical Center or HealthSouth Rehabilitation Center. Students will conclude the week with by participating in a hands-on simulation lab at Austin Community College.

Both summer camps are funded by a HRSA grant through Austin Community College. This is an important opportunity for students to help them plan for the future and fill the nursing pipeline with tomorrow's healthcare professionals. To find out more about the upcoming summer camps please visit our website at www.capitalahec.org.



An Phung participates in the simulation lab during the 2010 Nursing Careers Summer Camp



Students Service

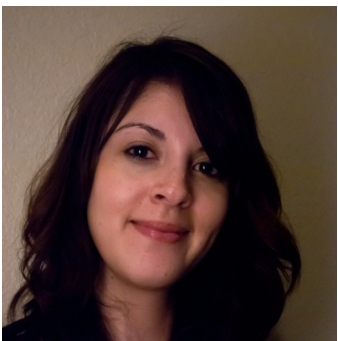
www.studentsinservice.org



Capital AHEC is pleased to be the recipient of a Students in Service grant from Texas Campus Compact. Students in Service is a nationwide AmeriCorps program. With this new partnership, Capital AHEC will host four health outreach interns from Texas State University to health education and information on health careers to those in need. Two students will work with Annie Crawford at the Ventanilla de Salud and two will help plan and facilitate the two upcoming Nursing Careers Summer Camps.



Yessenia Rojas is working on her B.A. in Therapeutic Recreation Administration. She currently serves as the Health Outreach Coordinator and provides health referrals and mini “health talks” on a variety of topics on Mondays and Fridays from 8:00am-1:00pm at the Ventanilla de Salud in the Consulate General of Mexico. She provides information on accessing free or low-cost health programs and clinics, exercise and nutrition classes, and other health resources in Central Texas. Her goal is to promote preventative health to an underserved population. For more information contact yrojas@capitalahec.org.



Carla Gomez is working towards her graduate degree in Spanish and currently holds a B.A. in Spanish and a B.A. in International Studies. Carla is the Ventanilla’s new Educational Health Sessions (EHS) Coordinator. She offers free, on-site, educational health sessions to groups, work sites, ESL classes and other organizations. The one hour presentations center on preventive health tactics, health literacy, and area health resources. EHS also discuss diseases prevalent in the Latino community such as diabetes, heart disease, and cancer and have an interactive segment utilizing breast and testicular cancer models. Take-home materials on a variety of health topics are provided, as well as follow-up calls to each participant after the session in order to assist them directly or answer specific questions they may have. Each presentation can be customized according to the health needs of the group and the availability of local resources. To schedule an EHS with Carla at your site, email: cgomez@capitalahec.org.



Karen Boggs was born and raised in Fort Worth, Texas and now lives in San Marcos where she studies Communication Disorders. Karen plans to become a Speech Language Pathologist and has many family members who are involved in different health fields. She looks forward to working with Capital AHEC on the summer camps and stated, “I think it is a great opportunity for high schoolers to see the variety of opportunities that they have.”

Chaunte’ Finney (not pictured) also attends Texas State University and plans to become a teacher and nutritionist once she graduates. When asked what motivates her to participate in the Students in Service program Chaunte’ replied, “I believe everyone should try their best to help people see the importance of serving their community and helping students see this early will be beneficial to them.”

Both Karen and Chaunte’ will start their service hours May 23 and can be reached at 512-472-8921. For more information about Texas Campus Compact and Students in Service please visit www.texasampuscompact.org.



**TEXAS
RURAL
HEALTH
FORUM**

Save the Date!
September 13-14, 2011
San Antonio, Texas

A joint education conference of the following organizations:
Texas Department of Rural Affairs
Texas Hospital Association and its Rural Hospital Constituency Section
Texas Organization of Rural & Community Hospitals
Texas Rural Health Association

WE'RE MAKING PLANS!
MARK YOUR CALENDAR TO JOIN US IN
SAN ANTONIO!

September 13 – 14, 2011

The forum draws hundreds of rural health care professionals from across the state, and leaders from local communities, businesses, state agencies, the Texas legislature, academia and nonprofit organizations.

Join us as we focus on improving the lives of rural Texans in an ever-evolving health care environment. Be a part of the solution!

\$99 Single/Double Room Rate

Omni San Antonio Hotel at the Colonnade
Experience luxury and hospitality in the Heart of Texas at \$99 Single/Double Room Rate!

San Antonio's old world Spanish flair and blend of cultures makes it one of America's most picturesque cities. San Antonio's rich history surfaces in its architecture, neighborhoods, food, culture and traditions.

You'll find the ideal blend of Texas history and cosmopolitan city.

For more information and to stay updated on conference plans, please visit: www.tha.org/forum2011

Upcoming Events

Central Nursing Academy
May 13th
Austin Community College, Eastview Campus

Nursing Careers Summer Camp
June 6-10
Texas State University

Nursing Careers Summer Camp
June 20-24
University of Texas

Texas Rural Health Forum
September 13-14
San Antonio, TX

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